

## **ALLERGEN GUIDE**

To ensure you have a safe experience, please review the following information to guide you in your selection of menu items that best fit your individual needs. This allergen guide includes the nine major food allergens identified by the Food and Drug Administration (FDA): egg, milk, peanut, fish, sesame, shellfish, soy, tree nut and wheat.

When reviewing the allergen guide, it is important to note that due to shared equipment and preparation areas, we cannot eliminate the risk of cross-contact or guarantee any item is free of any allergen. No items are certified gluten-free, vegetarian or vegan. Please note, with the addition of the Alaska Flounder Fish Taco, the fish allergen is now present. Due to the use of shared fryers, there is potential for allergen cross-contact.

Before placing your order, please inform a team member if a person in your party has a food allergy. If you have further questions, please ask to speak to a Manager. If you have specific questions about food allergies or sensitivities, we recommend you contact your medical professional.

This guide is updated periodically; we suggest you check back each time you dine with us.

Remy   Landed Create Frame	X Contains this allergen Risk of cross-contact due to shared equipment preparation areas**	Fried	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy*	Tree Nuts	Wheat	Gluten
Despt   London Checker Crush Taro v	TACOS All tacos are listed without Potato Olés®, chips and	d nacho cheese	e and drinks	; see Sides a	and Drinks f	or more alle	ergen inform	nation.				
Chicker Chicker Crunch Too a  .	Alaska Flounder Fish Taco ★	•	Х	Flounder							Х	Х
Criticy Texp. Chiefeth	Beefy Loaded Cheddar Crunch Taco ★	•			Х				Х		Х	Х
Cirley Texa, Richted Beans	Chicken Club Cheddar Crunch Taco ★	•	Х		Х						X	Х
Crisey Tens, Defined Season  Fried Chicken Texo, Dispetite Lines  Fried Chicken Texo,	Crispy Taco, Beef	•			Х				Х			
Cityy Tank, Sheek	Crispy Taco, Chicken	•			Х							
Fried Children Texe, Chippleto Lime  -	Crispy Taco, Refried Beans	•			Х							
Fried Chicken Texa, Diagenic Risach	Crispy Taco, Steak	•			Х				Х		X	Х
Settleholl Taco, Beef  Settleholl Taco, Chicken  Settleholl Taco, Chicken  Settleholl Taco, Chicken  Settleholl Taco, Stack  S	Fried Chicken Taco, Chipotle Lime	•	Х		Х						Х	Х
Sortshull Taco, Chicken Sortshull Taco, Notice Beans Sortshull Taco, Notice Beans Sortshull Taco, Notice Beans Sortshull Taco, Notice Beans Sortshull Taco, Chicken Sortshull Taco, Chicken Sortshull Taco, Steak Street Str	Fried Chicken Taco, Jalapeño Ranch	•	Х		Х						X	X
Sertehell Tace, Renfied Beans	Softshell Taco, Beef				Х				X		X	X
Softhell Tixo, Steak  Street Taxo, Chicken  Street Taxo, Chicken  Street Taxo, Chicken  Street Taxo, Steak  Steak  Street Taxo, Steak  Ste	Softshell Taco, Chicken				Х						X	X
Street Taco, Chicken	Softshell Taco, Refried Beans				Х						X	Х
Street Taco, Chicken, with Ficata Sauce a	Softshell Taco, Steak				Х				X		X	X
Street Taco, Steak         N         X	Street Taco, Chicken				X						X	X
Street Taco, Steak, with Fiesta Sauce #	Street Taco, Chicken, with Fiesta Sauce★		X		X						X	X
Sturfted Grilled Taco, Reinfed Beans  •	Street Taco, Steak				X				X		X	X
Stuffed Grilled Taco, Chicken	Street Taco, Steak, with Fiesta Sauce★		X		Х				X		X	X
Sturfied Grilled Taco, Steak	Stuffed Grilled Taco, Beef	•			X				X		X	X
Sturfled Grilled Taco, Steak	Stuffed Grilled Taco, Chicken	•	X		X						X	Х
Taco Bravo®, Befret  1	Stuffed Grilled Taco, Refried Beans	•			X						X	X
Taco Bravo®, Chicken   N	Stuffed Grilled Taco, Steak	•			Х				X		X	X
Taco Bravo®, Refried Beans	Taco Bravo®, Beef	•			Х				X		X	X
Taco Bravo®, Steak  ■ ■	Taco Bravo®, Chicken	•	X		X						X	X
Alaska Flounder  Beef	Taco Bravo®, Refried Beans	•			X						X	X
Beef	Taco Bravo®, Steak	•			X				X		X	X
Chicken         •         X<	Alaska Flounder	•		Flounder							Х	Х
Fried Chicken	Beef								Х			
Steak	Chicken											
Steak	Fried Chicken	•			Х						X	X
Crispy Taco Shell         •         Image: Crispy Taco Shell Flour Tortilla         Image: Crispy Taco Shell Flour Tortilla         X	Refried Beans											
Softshell Flour Tortilla         X <td>Steak</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>X</td> <td></td> <td>X</td> <td>X</td>	Steak								X		X	X
Street Taco Tortilla (corn & flour)         X	Crispy Taco Shell	•										
Cheddar Potato Flatbread ★         •         X<	Softshell Flour Tortilla										X	X
Cheddar Cheese	Street Taco Tortilla (corn & flour)										X	X
Four-Cheese Blend	Cheddar Potato Flatbread ★	•									X	Х
Queso Fresco         X         Image: Control of the c	Cheddar Cheese				Х							
Taco Sauce	Four-Cheese Blend				X							
BURRITOS All burritos are listed without Potato Olés®, chips and nacho cheese and drinks; see Sides and Drinks for more allergen information.	Queso Fresco				X							
Bean Burrito         X         <	Taco Sauce											
Beef Burrito         X         <	BURRITOS All burritos are listed without Potato Olés®, chi	ps and nacho	cheese and	drinks; see S	Sides and D	rinks for mo	re allergen	information.				
Boss Burrito, Chicken★         X	Bean Burrito				X				Х		X	Х
Boss Burrito, Steak ★         X	Beef Burrito				X				X		X	X
Boss Burrito, Chicken, Red Rice ★         X	Boss Burrito, Chicken ★				X						X	Х
Boss Burrito, Steak, Red Rice ★         X         <	Boss Burrito, Steak ★				X				X		X	Х
Combination Burrito         X         X         X         X         X           Grilled Burrito, Beef         •         X	Boss Burrito, Chicken, Red Rice★		X		X						X	X
Grilled Burrito, Beef         •         X	Boss Burrito, Steak, Red Rice ★		X		X				X		X	Х
Grilled Burrito, Chicken         •         X <td>Combination Burrito</td> <td></td> <td></td> <td></td> <td>X</td> <td></td> <td></td> <td></td> <td>X</td> <td></td> <td>X</td> <td>X</td>	Combination Burrito				X				X		X	X
Grilled Burrito, Fried Chicken    X  X  X	Grilled Burrito, Beef	•	X		X				X		X	Х
	Grilled Burrito, Chicken	•	X		X						X	X
Grilled Burrito, Refried Beans         •         X <td< td=""><td>Grilled Burrito, Fried Chicken</td><td>•</td><td>X</td><td></td><td>X</td><td></td><td></td><td></td><td></td><td></td><td>X</td><td>X</td></td<>	Grilled Burrito, Fried Chicken	•	X		X						X	X
	Grilled Burrito, Refried Beans	•	X		X						X	Х

X Contains this allergen	Fried	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy*	Tree Nuts	Wheat	Gluten
Risk of cross-contact due to shared equipment preparation areas**      Grilled Purrite Stock											X
Grilled Burrito, Steak	•	X		X				X		X	
Meat & Potato Burrito, Beef	•			X				X		X	X
Meat & Potato Burrito, Chicken	•			X						X	X
Meat & Potato Burrito, Fried Chicken	•			X						X	X
Meat & Potato Burrito, Refried Beans	•			X						X	X
Meat & Potato Burrito, Steak	•			X				X		X	X
Super Burrito, Beef				X				X		X	X
Super Burrito, Chicken				X						X	X
Super Burrito, Fried Chicken	•			X						X	X
Super Burrito, Refried Beans				X						X	X
Super Burrito, Steak				X				X		X	X
Flour Tortilla										X	X
FAVORITES All salads are listed without dressing; see Dressin	gs for more	allergen in	formation.								
				V						V	X
4 Cheese Quesadilla, Cheese		V		X						X	
4 Cheese Quesadilla, Chicken		X		X						X	X
4 Cheese Quesadilla, Steak		X		X				X		X	X
Beef Burrito				X				X		X	X
Boss Bowl, Chicken ★				X				.,			
Boss Bowl, Steak ★				X				X		X	X
Boss Bowl, Chicken, Red Rice ★		X		X							
Boss Bowl, Steak, Red Rice ★		Х		X				X		X	X
Cheesy Snack Quesadilla				X						X	X
Chicken Snack Quesadilla				X						X	X
Combination Burrito				Х				Х		Х	Х
Fried Chicken, 5 count	•			Х						Х	Х
Meat & Potato Burrito, Fried Chicken	•			Х						Х	Х
Super Nachos, Beef	•			X				X			
Super Potato Olés®, Beef	•			X				X			
Taco Pizza ★	•	X		X				Х		Х	Х
Taco Salad, Beef	•			Х				Х		X	X
Taco Salad, Chicken	•			X				X		X	Х
Taco Salad, Fried Chicken	•	Х		Х				Х		Х	Х
Taco Salad, Steak	•			Х				X		X	X
Corn Flour Flatbread	•									Х	Х
Taco Salad Shell	•									X	X
LOCAL FAVORITES											
Breakfast Taco, Bacon ★	•	Х		Х						X	Х
Breakfast Taco, Bacon ★ Breakfast Taco, Sausage ★	•	X		Х						X	X
								X			
Breakfast Taco, Sausage ★	•	Х		Х				X		X	Х
Breakfast Taco, Sausage ★ Breakfast Taco, Steak ★	•	Х		X				X		X	X
Breakfast Taco, Sausage ★  Breakfast Taco, Steak ★  Cheese Roll-Up ★	•	X		X X X						X X X	X X X
Breakfast Taco, Sausage ★  Breakfast Taco, Steak ★  Cheese Roll-Up ★  Ranch Burrito ★	•	X X	ow and Drin	X X X X	allergen inf	formation.		X		X X X	X X X
Breakfast Taco, Sausage ★  Breakfast Taco, Steak ★  Cheese Roll-Up ★  Ranch Burrito ★  Taco Burger ★  KIDS MENU All kids meals are listed without junior Potato Olé	•	X X	ow and Drin	X X X X X ks for more	allergen inf	formation.		X		X X X X	X X X X
Breakfast Taco, Sausage *  Breakfast Taco, Steak *  Cheese Roll-Up *  Ranch Burrito *  Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla	• • s® and drir	X X X nks; see belo	ow and Drin	X X X X X X X	allergen inf	ormation.		X		X X X X	X X X X
Breakfast Taco, Sausage *  Breakfast Taco, Steak *  Cheese Roll-Up *  Ranch Burrito *  Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing	s® and drin	X X	ow and Drin	X X X X X ks for more X	allergen inf	ormation.		×		X X X X	X X X X
Breakfast Taco, Sausage ★  Breakfast Taco, Steak ★  Cheese Roll-Up ★  Ranch Burrito ★  Taco Burger ★  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing  Crispy Taco, Beef	• • s® and drir	X X X nks; see belo	ow and Drin	X X X X X ks for more X X	allergen inf	formation.		X X		X X X X	X X X X X
Breakfast Taco, Sausage ★ Breakfast Taco, Steak ★ Cheese Roll-Up ★ Ranch Burrito ★ Taco Burger ★  KIDS MENU All kids meals are listed without junior Potato Olé Cheesy Quesadilla Chicken Tenders, with Ranch Dressing Crispy Taco, Beef Softshell Taco, Beef	s® and drin	X X X nks; see belo	ow and Drin	X X X X X ks for more X	allergen inf	ormation.		×		X X X X	X X X X
Breakfast Taco, Sausage ★  Breakfast Taco, Steak ★  Cheese Roll-Up ★  Ranch Burrito ★  Taco Burger ★  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing  Crispy Taco, Beef	s® and drin	X X X nks; see belo	ow and Drin	X X X X X ks for more X X	allergen inf	ormation.		X X		X X X X	X X X X X
Breakfast Taco, Sausage ★ Breakfast Taco, Steak ★ Cheese Roll-Up ★ Ranch Burrito ★ Taco Burger ★  KIDS MENU All kids meals are listed without junior Potato Olé Cheesy Quesadilla Chicken Tenders, with Ranch Dressing Crispy Taco, Beef Softshell Taco, Beef	s® and drir	X X X nks; see belo	ow and Drin	X X X X X ks for more X X	allergen inf	ormation.		X X		X X X X	X X X X X
Breakfast Taco, Sausage *  Breakfast Taco, Steak *  Cheese Roll-Up *  Ranch Burrito *  Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing  Crispy Taco, Beef  Softshell Taco, Beef  Junior Potato Olés®  The ValuEST Menu	s® and drir	X X X nks; see belo	ow and Drin	X X X X X ks for more X X X	allergen inf	formation.		X X		X X X X	X X X X X
Breakfast Taco, Sausage *  Breakfast Taco, Steak *  Cheese Roll-Up *  Ranch Burrito *  Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing  Crispy Taco, Beef  Softshell Taco, Beef  Junior Potato Olés®  The ValuEST Menu  4 Cheese Quesadilla, Cheese	s® and drir	X X X nks; see belo	ow and Drin	X X X X X ks for more X X X	allergen inf	ormation.		X X X		X X X X X	x x x x x x x x x x x x x x x x x x x
Breakfast Taco, Sausage *  Breakfast Taco, Steak *  Cheese Roll-Up *  Ranch Burrito *  Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing  Crispy Taco, Beef  Softshell Taco, Beef  Junior Potato Olés®  The ValuEST Menu  4 Cheese Quesadilla, Cheese  Bean Burrito	s® and drir	X X X nks; see belo	ow and Drin	X X X X X ks for more X X X X	allergen inf	formation.		X X X		X X X X X	X X X X X
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Breakfast Taco, Sausage *  Breakfast Taco, Steak *  Cheese Roll-Up *  Ranch Burrito *  Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé  Cheesy Quesadilla  Chicken Tenders, with Ranch Dressing  Crispy Taco, Beef  Softshell Taco, Beef  Junior Potato Olés®  The ValuEST Menu  4 Cheese Quesadilla, Cheese  Bean Burrito  Cheesy Beef & Potato Taco  Nacho Crunch Beef Burrito  Nacho Crunch Chicken Burrito	s® and drin	X X X nks; see belo	ow and Drin	X X X X X Ks for more X X X X X X X X	allergen inf	formation.		X X X X		X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X
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Breakfast Taco, Sausage * Breakfast Taco, Steak * Cheese Roll-Up * Ranch Burrito * Taco Burger *  KIDS MENU All kids meals are listed without junior Potato Olé Cheesy Quesadilla Chicken Tenders, with Ranch Dressing Crispy Taco, Beef Softshell Taco, Beef Junior Potato Olés® The ValuEST Menu 4 Cheese Quesadilla, Cheese Bean Burrito Cheesy Beef & Potato Taco Nacho Crunch Beef Burrito Nacho Crunch Chicken Burrito Spicy Chicken & Potato Griller Spicy Steak & Potato Griller SlDES All salads are listed without dressing; see Dressings fo Black Beans Chips Chips & Nacho Cheese	s® and drin	x x x x x x x x x x x x x x x x		X X X X X X X X X X X X X X X X X X X	allergen inf	formation.		X X X X		X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X
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X Contains this allergen Risk of cross-contact due to shared equipment preparation areas**	Fried	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy*	Tree Nuts	Wheat	Gluten
SWEET TREATS											
Churro	•									Х	Х
Mexican Donut Bites	•			X						X	X
DIPS, CONDIMENTS & DRESSINGS											
Chipotle Lime Sauce		X									
Creamy Italian Dressing		^									
Fiesta Sauce ★		X		X							
Guacamole		^		^							
House Dressing											
House Salsa											
Jalapeño Ranch Sauce		X		X							
Ketchup		^		^							
Nacho Cheese				X							
Pickled Jalapeños				^							
Pico de Gallo											
Ranch Dressing		X		X							
Sour Cream		^		X							
Super Hot Sauce				^							
Taco Sauce											
BREAKFAST All breakfast items are listed without Potato Ol	ác® and dri	nka aaa Cia	loc and Drin	les for more	allersen inf	iormation					
	esw and dir				allergen ini	ormation.	l				
Jr. Breakfast Burrito, Bacon		X		X						X	X
Jr. Breakfast Burrito, Sausage		X		X				X		X	X
Jr. Breakfast Burrito, Steak  Meat & Potato Breakfast Burrito, Bacon	_	X						^		X	X
Meat & Potato Breakfast Burrito, Sausage	•	X		X						X	X
Meat & Potato Breakfast Burrito, Sausage	•	X		X				X		X	X
Potato Olés® Scrambler, Bacon	•	X		X				^		^	_ ^
Potato Olés® Scrambler, Sausage	•	X		X							
Potato Olés® Scrambler, Sausage	•	X		X				X		X	X
Scrambler Breakfast Burrito, Bacon	•	X		X				^		X	X
Scrambler Breakfast Burrito, Sausage	•	X		X						X	X
Scrambler Breakfast Burrito, Sausage	•	X		X				X		X	X
Spicy Chorizo Breakfast Burrito	•	X		X				^		X	X
DRINKS		Α									
Tropicana® Orange Juice											
1% Lowfat White Milk				X							
1% Lowfat White Milk  1% Lowfat Chocolate Milk				X							
Fresh Brewed Lipton® Unsweetened Iced Tea											
Pepsi®											
Diet Pepsi®											
Starry <sup>TM</sup>											
Mountain Dew®											
Mountain Dew® Code Red ★											
Diet Mountain Dew®											
Tropicana® Fruit Punch ★											
Tropicana® Lemonade											
Tropicana® Lemonade, Light ★											
Dr Pepper®											
Mug® Root Beer ★											
Wild Cherry Pepsi® ★											
Wild Cherry Pepsi® ★											

\*Our soybean oil is highly refined oil unless otherwise specified. Highly refined soybean oil does not contain soy protein and therefore does not demonstrate hazardous risk to those allergic individuals. The FDA does not require foods that contain soybean oil to be listed as a soy allergen. Although soy lecithin is a refined oil, research has shown it may contain trace amounts of soy protein. For this reason, items that contain soy lecithin are marked as containing "soy".

\*\*Normal kitchen operations involve shared equipment and preparation areas, therefore we cannot eliminate the risk of cross-contact with other allergen-containing ingredients. For example, Potato Olés® are fried in the same fryer and oil as Chicken Tenders, Alaska Flounder, and Mexican Donut Bites. There is no guarantee that cross-contact with other allergens will not occur.

This allergen guide is compiled based on current allergen information provided to Taco John's International, Inc. (TJI) by approved food suppliers as of the date of publication. Allergens for limited time offers, test items and regional items may not be included. TJI, its employees, and its franchisees do not assume responsibility for a particular sensitivity or allergy to any food provided in our restaurants. Content and allergens are subject to change. Menu items served in Taco John's® restaurants that are **co-branded with Steak Escape or Good Times Burgers & Custard** may come in contact with allergens from the other brand, such as peanut oil in the fryers of Steak Escape restaurants and peanuts used in treat preparation in Good Times restaurants.

Please refer to our website at tacojohns.com for the most up-to-date allergen information. For specific ingredient information, please contact us via our website. ©February 2024. Taco John's International, Inc. All rights reserved. 02/12/2024

Lifewater® Yumberry Pomegranate ★

Brisk® Raspberry Iced Tea ★